

EGG NUGGETS**ABSTRACT OF THE DISCLOSURE**

An egg-based material that includes an egg-based substance, a water-absorbent thickener distributed throughout the egg-based material, and pieces of supplemental food distributed throughout the egg-based material, where the egg-based substance includes a natural liquid egg component and the water-absorbent thickener is effective to maintain distribution of the pieces of supplemental food throughout the egg-based material.